



ResveraYoung

Resveratrol

The secret of stay young

Product Name	Source	Specification
Resveratrol	Polygonum Cuspidatum	20%, 50% , 98%
Resveratrol	Red Grape Skin	2.5%, 5%, 6% , 10%
Resveratrol	Synthetic	98%

Red wine, in moderation, has long been thought of as heart healthy. The alcohol and certain substances in red wine called antioxidants may help prevent heart disease by increasing levels of high-density lipoprotein (HDL) cholesterol (the "good" cholesterol) and protecting against artery damage.

How is red wine heart healthy?

Antioxidants in red wine called polyphenols may help protect the lining of blood vessels in your heart. A polyphenol called resveratrol is one substance in red wine that's gotten attention.

Resveratrol in red wine



Resveratrol might be a key ingredient in red wine that helps prevent damage to blood vessels, reduces low-density lipoprotein (LDL) cholesterol (the "bad" cholesterol) and prevents blood clots.

A smaller number of companies derive resveratrol from grapes and/or muscadines (a type of grape native to the southeastern United States known for its high antioxidant levels). Extracting resveratrol from grapes and muscadines is viewed as more costly, **Other sources of Resveratrol: giant knotweed extract & synthetic trans-resveratrol.**

Benefits of Resveratrol

Years of researches have shown several benefits of this natural compound:

- It helps you to reverse diseases that come handy as you grow old, such as diabetes, cancer and heart diseases. This can be done with regular intake of Resveratrol while you are still quite young.
- It increases your life span as high resveratrol levels counteract with cell death and damage in brain and heart.
- It is an effective artery protector, antioxidant and inflammation damper.
- Low Resveratrol doses provide the same effect as that of a calorie-reduced diet. This would also slow the ageing process if you start taking in small quantities in your middle age.
- Resveratrol contain in one red wine glass can suppress carcinogenesis that otherwise cause breast cancer.
- Last but not least, it ensures sound cardiovascular system.